

JASC's Weekly Newsletter! (07/28/22)

1 message

Jane Addams Senior Caucus <JASC@seniorcaucus.org> Thu, Jul 28, 2022 at 4:25 PM Reply-To: seniorcaucus-returns+r.6217.651279.d4c5596550987398@civimail.ourpowerbase.net To: Margaret McCall <margareteleanormccall@gmail.com>

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Upcoming Phone Banks



- Tuesday, August 9th, 1-3pm (birthday-themed in honor of Linda and Don's August 8th and 9th birthdays!
- Wednesday, August 10th, 10am-12pm
 Thursday, August 11th from 2-4pm

If you would like more information or plan to phone bank with us, please rsvp by emailing inbal@seniorcaucus.org.



the large medical bills.

Low-cost, even free health plans are available for you and your family now. All plans cover doctor visits, hospitalizations, maternity care, mental health services, prescriptions, and more.

Visit healthcare.gov or call 1-800-318-2596 to apply. Assistance is available over the phone or in-person.

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Visit healthcare.gov or call 1-800-318-2596 to apply.

Jane Addams Senior Caucus has been named a recipient of the 2022 Village Chicago Trailblazer Award!

Healthcare Coverage for Seniors, regardless of immigration status

To see if you are eligible, call: 773-751-7062.



Healthcare Coverage available for seniors regardless of immigration status

You might be eligible for health insurance through Illinois'
Medicaid to cover medical expenses like visits to your doctor,
medications, hospitalization, and more!

Call to see if you are eligible: (773) 751-7062

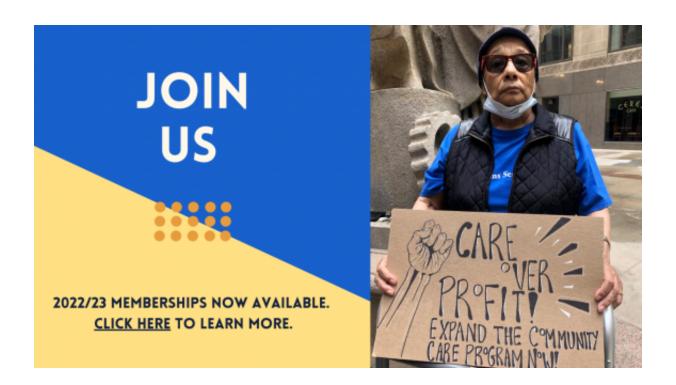




llame para averiguar si eres elegible: (773) 751-7062

¡La cobertura de salud está disponible para personas mayores de bajos ingresos en Illinois, independientemente de su estatus de inmigración







JASC Care Collective & Justice in Aging Collaboration

Share your Home & Community Based Service (HCBS) Story!

The Senior Care Alliance is partnering with our allies at Justice in Aging to uplift senior stories about why home and community based services are vital for seniors to be able to age with dignity. Leading up to Older Americans month, we will be sharing member's stories on social media, with elected officials, and other allies to continue to grow momentum for the dire need for a new care infrastructure that includes HCBS. We will be collecting written stories of approx ~250 words plus a photo of you (or you and your loved one!). We can help you write your story out step by step!

Questions to consider:

- Share your connection: Why is it important that everyone has access to home and community based services? Do you have a personal connection of caring for a loved one, receiving care, or in need or receiving care but ineligible?
- Share a call to action: What should seniors have access to in their homes & communities? What are our demands so that all seniors have access to care?

To share your story email jasc@seniorcaucus.org.



Food Security Resources

If you need help finding food delivery services outside of the options below, or if you know of services that deliver to more neighborhoods, please contact jasc@seniorcaucus.org. We'll be sure to share the information in a future edition of the Caucus Connection.

49th Ward

• <u>Check out this website</u> for food delivery options in the 49th ward (some are applicable to other wards).

Lakeview Pantry

- Offering monthly home delivery of groceries to the following zip codes: all of 60614, 60613, 60657, 60640, and 60660, as well as the eastern parts of 60647, 60625, 60618, and 60659.
- Deliveries are only made on Saturdays.
- <u>Click this link</u> for more information.

Care for Real

- Free no-contact food pick up at the following locations:
 - 5339 N Sheridan Monday 4-7pm, Wednesday and Friday
 9am 12pm, & Saturday 9am 1pm
 - 1545 W Morse Tuesday 12 2pm

- o 6921 N Ashland Thursday 4-6pm
- Click this link for more information.

Pilsen Food Pantry

- Free food delivery to residents who live within the following boundaries: North Avenue (north), 63rd Street (south), Central Park (west), and Cottage Grove (east).
- Call or text 773-812-3150 to see if you qualify for free delivery services.

Top Box

- Offers low-cost seasonal produce and protein delivery.
- Serves all of Cook County.
- To place an order, click this link or call (312) 527-7890, x200.
- SNAP benefits are accepted.



Caucus Healing Circles

In this difficult time we invite you to join us monthly for leader-led Caucus Healing Circles.

Healing Circles are part of a rich restorative tradition from Black and Brown communities and promote healing as revolution, challenge the dominant narrative, and encourage mutual aid among participants and the wider community.

Circles provide a space for JASC members to share their stories, resiliency, fears, joys, and grief.

Through healing we find the strength to continue our work as organizers.

Join us for the next JASC <u>Healing Circle!</u>



Eviction Resources

- Don't Self Evict:
 only the Cook County
 Sheriff's Office can carry
 out an eviction; your
 landlord cannot remove you
 from your home.
- Get Legal Help: call 312-347-7600, visit rentervention.com, or text "hi" to 866-7RENTER.
- Get Financial Help: you may be eligible for up to 15 months of assistance; check your status at chicago.gov/RentHelp
- Connect to a Shelter: call 3-1-1 from anywhere in Chicago for placement.



Jane Addams Story Collection Archive

If you haven't yet, please check out the <u>Senior Caucus Story Collection</u> Archive.

The archive contains first hand accounts from leaders about their experience serving as caregivers, the ways they continue to fight for fair and affordable housing, and their vision for a future free from ageism, racism, and other forms of oppression.

If you would like to submit a story, email jasc@seniorcaucus.org.

Visit the Archive



IL Long-Term Care Ombudsman Program

Resident & Family Support Council

Meets every Tuesday at 3pm

The State Long-Term Care Ombudsman Program created this group to educate and connect people about issues relating to residents and families in the longterm care system.

There is time for question and answer and resource sharing at each meeting.

Agenda is determined by attendee input.

More Info

*** Helpful Resources ***



Aid Organizations

Click below for a comprehensive list of state and local resources.

Get Help Now



COVID-19 Resources

Click below for a list of resources for seniors affected by COVID-19.

COVID-19 Aid



Community Safety Toolkit

Click below for a collection of security and safety practices.

Safety Toolkit

BECOME A SENIOR CAUCUS MEMBER TODAY!

Jane Addams Senior Caucus







Jane Addams Senior Caucus is a multiracial, grassroots organization led by concerned seniors in the Chicago metropolitan area. Through leadership development, organizing and popular education, we use the power of our collective voice to work for economic, social and racial justice for all seniors and our communities.